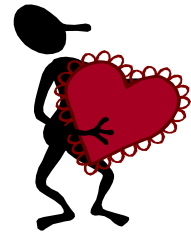



SBRC Gym Schedule

February



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00am	Open Gym 6:00-9:00	Open Gym	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-9:00					
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30						
7:00am		Open Gym 7:30-8:50		Open Gym 7:30-8:50						
7:30am										
8:00am										
8:30am		Drop-in Total Body Fitness 8:50-10:00		Drop-in Total Body Fitness 8:50-10:00				Setup	Open Gym	Drop-in Adult Basketball 8:00-11:00
9:00am	Setup	Drop-in Womens Volleyball 8:30-11:00								
9:30am	Gym Jam 9:30-11:30	Open Gym 10:00-11:00		Open Gym 10:00-11:00	Gym Jam 9:30-11:30					
10:00am										
10:30am										
11:00am										
11:30am	Clean-up	Drop-in Adult Basketball 11:00-1:30	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:00-1:30	Clean-up	Drop-in Sprts Conditioning 12:00-1:00	Open Gym 11:00-12:00			
12:00pm	Drop-in Sprts Conditioning 12:00-1:00						Drop-in Sprts Conditioning 12:00-1:00	Drop-in Sprts Conditioning 12:00-1:00	Open Gym 11:00-3:00	Youth Volleyball 12:00-1:30 not 2/16
12:30pm										
1:00pm										
1:30pm	Nuggets 1:30-4:30 2/17 only	Drop-in Picklbl 1:30-3:30	Drop-in Bball 1:00-2:30	Open Gym 1:00-3:00	Drop-in Picklbl 1:30-3:30	Open Gym 1:00-3:30	Open Gym 1:30-5:00			
2:00pm										
2:30pm										
3:00pm										
3:30pm										
4:00pm										
4:30pm	Open Gym	Open Gym 1:30-6:00	Youth Vball 4:00-6:00	Drop-in Youth Basketball 3:00-5:00	Open Gym 1:30-7:15	Drop-in Youth Basketball 3:30-5:00	Tennis 3:00-5:00			
5:00pm										
5:30pm										
6:00pm										
6:30pm	Women's Basketball 6:00-8:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Drop-in Badminton 7:15-9:15	Drop-in Badminton 5:45-7:45					
7:00pm										
7:30pm										
8:00pm										
8:30pm	Open Gym 8:30-9:30									
9:00pm										
9:30pm										



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)

2/17/2014